



**Voices
for
Hospices
Choir**



Massed Come and Sing Performances The Armed Man - a Mass for Peace

Sir Karl Jenkins CBE, D.Mus, FRAM, LRAM

DAY'S PROGRAMME

Sunday 20th September 2026

- 1.30pm Doors Open
- 2.00pm Rehearsal of The Armed Man
- 3.00pm Introduction/reflection by
Becky McGregor CEO Mountbatten Hampshire Hospice
Lighting the Hospice Candle
Hospice Poem led by Becky McGregor
The first performance of the Armed Man - A Mass for Peace
- 4.30pm(approx) Performance ends
Meal break
- There will be time to visit our Hospice Village
and to meet our 8 Hampshire Hospices
- 6.30pm Arrival of the evening's singers
- 7.00pm Rehearsal of the Armed Man
- 8.00pm Introduction/reflection by John Sutton M.B.E
Lighting of the Hospice Candle
Hospice Poem led by John Sutton
- 8.00pm Performance of the Armed Man - a Mass for Peace
- 9.30pm Performance Ends

Thank you to Thornden Hall Arts Centre for offering us their wonderful venue to perform today.
Thanks also to everyone who has helped to prepare for today's concerts (too many to name)
and to you, performers and audience for your participation here today.
We wish you a safe onward journey

vfhchoir.com



The Hospice Poem - anon

When my life is finally measured in months, weeks days, hours
I want to lead my life free of pain
Free of indignity
Free of loneliness
Give me your hand
Give me your understanding
Give me your love
Then let me go peacefully, and help my family to understand

*This poem was written by a patient at a childrens hospice in Russia,
which was built following the Chernobyl disaster.*

Soprano Isolde Roxby Intoner/Tenor Mark Gubbins
Mezzo Anna Loveday Bass Andrew de Silva

**Conductors John Sutton MBE
Graham Kidd BA (Hons)**

The VfH Sinfonia

The emblem of the Hospice movement is the sunflower, and it is fitting that we use this flower, carried by the dove, for it is also the National Flower of Ukraine. These symbols of hope, strength, happiness and peace, combined so magically in Sir Karl Jenkins' "The Armed Man - A Mass for Peace" will inform the centre of our performance

**Email: info@vfhchoir.com Web vfhchoir.com
Charity No: 1205445**